

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Sophia Van Wyk

Has successfully participated & completed the

Solo Heifer Cowhouse Cross Duathlon 2019 #2

held at Cowhouse Market.

**TIME** 00:56:10

**PACE** 05:36/km

**OVERALL** 9 of 9

**GENDER** 5 of 5

< 13 4 of 4

07 April 2019, Sun

Date



BoutTime

Signature